

MAY 2020



You Care, Help Share!



Tap or click the icon to
join us on social media!

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Campaign launches!	2 Words to Live By
3 Self Care Affirmation	4 Caregiver Tip of the Week	5 Giving Tuesday Now	6 Conversation Starters	7 <u>Graphic of the Day.</u>	8 Family Video Friday	9 Words to Live By
10 Self Care Affirmation	11 Caregiver Tip of the Week	12 Teen Tuesday	13 Conversation Starters	14 <u>Graphic of the Day.</u>	15 Family Video Friday	16 Words to Live By
17 Self Care Affirmation	18 Caregiver Tip of the Week	19 Teen Tuesday	20 Conversation Starters	21 <u>Graphic of the Day.</u>	22 Family Video Friday	23 Words to Live By
24 Self Care Affirmation	25 Caregiver Tip of the Week	26 Teen Tuesday	27 Conversation Starters	28 <u>Graphic of the Day.</u>	29 Family Video Friday	30 Words to Live By
31 Post about what this campaign has meant to you!						